

SIMPLE

TOAST 8

Ciabatta, fruit bread or whole grain w/ butter & jam

EGGS ON TOAST 12

CHEESE ROLL 5

BACON BUTTY 9

Ciabatta roll, free range bacon, homemade BBQ sauce

BACON & EGG BUTTY 10.5

BLAT 12.5

Ciabatta roll, free range bacon, lettuce, avocado, tomato, aioli

TOASTIE SANDWICH 9

Ham, cheese, tomato, spinach

KIDS

WAFFLE 8

Waffle, ice cream and maple syrup

EGG ON TOAST 8

MAC/CHEESE BALLS 8

W tomato sauce

FISH & CHIPS 12

HAM & CHEESE TOASTIE 6

SIDES

GARLIC BREAD 9

AGRIA FRIES w aioli 8 gf

GREEN SALAD 8 gf

EXTRAS 3.5

Free range bacon, Free range sausage, Potato Rosti, Mushroom, house baked beans. Gluten Free Bread option 1 Avocado (in season) 5.5

* All our eggs are free range

* Chantal Certified NZ organic apple syrup

* We use only 100% New Zealand Extra Virgin Olive Oil

* Our chicken, bacon and sausages are free range

*We cannot guarantee cross contamination for GF options

gf - gluten free df - dairy free

v - vegetarian

DAY MENU - Served until 4pm

GOJI BERRY TOASTED MUESLI 12

Whole grains, seeds, nuts, dried fruit & goji berries served with stewed seasonal fruit, milk, yoghurt

PORRIDGE 10

Hot porridge, stewed seasonal fruit, cream, brown sugar

3 GRAIN PORRIDGE 12 gf df

Amaranth, Millet + Quinoa, with seasonal fruit + coconut yoghurt

BLACK RICE PUDDING w FRUIT 12 gf df

Black rice with grilled banana, orange segments, ginger, lemon grass + coconut yoghurt

GREEN EGGS WITH HAM 17

Scrambled eggs, pesto, ham, cheese, ciabatta toast

FULL BREAKFAST GRILL 23

Eggs any way, with ciabatta toast, free range streaky bacon, portobello mushroom, free range sausage, house baked beans and house potato rosti

EGGS BENEDICT 19 gf

Baby spinach, potato rosti, free range bacon, hollandaise
Replace bacon w smoked salmon 21 vegetarian option 19

SMOKED SALMON OMELETTE 19

WAFFLES

Stewed seasonal fruit, yogurt, NZ organic apple syrup 16
Free range bacon and caramelised banana 21
Buckwheat waffle option add 2 gf

POTATO HASH AND MUSHROOM STACK 18 gf v

Poached eggs, baby spinach, basil pesto Add bacon 21

SEAFOOD CHOWDER 16

Fish, prawns, squid, mussels in creamy sauce with garlic bread

SOUP OF THE DAY 13.5

See specials board

AVOCADO SMASH 20 v

Avocado, tomato, feta, toast, olive oil, microgreens, pesto

LENTIL FILO ROLL 24 v

Curried Lentil and vegetables, in filo pastry, coconut-curry glaze, fried leeks, mint yoghurt

BEEF BRISKET 24 gf df

BBQ slow braised beef brisket, cannellini bean casserole w tomato, cumin + garlic, salad garnish

CHICKEN TAGINE 24 gf

Free range chicken tagine w kale, carrot, almonds, apricot, couscous and mint yoghurt

FISH BURGER 22

Ciabatta roll, orange roughy fillet, wasabi mayo, lemon relish, greens, red slaw, fries

PORK AND MISO BROTH 22 df

Crispy Pork belly, soba noodles, shiitake mushrooms, miso broth + wakame