

SIMPLE

TOAST 8

Ciabatta, fruit bread or whole grain w/ butter & jam

EGGS ON TOAST 13

CHEESE ROLL 5

BACON BUTTY 9

Ciabatta roll w bacon, BBQ sauce

BACON & EGG BUTTY 10.5

Roll w bacon, egg, BBQ sauce

BLAT 12.5

Ciabatta roll, free range bacon, lettuce, avocado, tomato, aioli

TOASTIE SANDWICH 9

Ham, cheese, tomato, spinach

KIDS

WAFFLE 8

Waffle, ice cream and maple syrup

EGG ON TOAST 8

NOODLE BOWL 8

W tomato sauce and cheese

FISH & CHIPS 12

HAM & CHEESE TOASTIE 6

SIDES

GARLIC BREAD 9

AGRIA FRIES w aioli 8 gf

GREEN SALAD 8 gf

EXTRAS 3.5 Free range bacon, Havoc Free range sausage, Potato Rosti, Mushroom, grilled tomatoes. House smoked salmon 7.5
Gluten Free Bread option 1
Avocado (in season) 5.5

- * All our eggs are free range
- * Certified NZ organic apple syrup
- * We use only 100% New Zealand Extra Virgin Olive Oil
- * Our chicken, bacon and sausages were free range
- * We cannot guarantee there will not be cross contamination for GF options

gf - gluten free df - da
v - vegetarian

DAY MENU - Served until 4pm

GOJI BERRY TOASTED MUESLI 14

Whole grains, seeds, nuts, dried fruit & goji berries served with stewed seasonal fruit, milk, yoghurt

CHIA COCONUT AND SUMMER FRUIT PANNACOTTA 14 df gf

Seasonal fruit

BLACK RICE PUDDING w FRUIT 15 gf/df

Black rice with grilled banana, orange segments, ginger, lemon grass + coconut yoghurt served Hot or Cold

GREEN EGGS WITH HAM 18

Scrambled eggs, pesto, ham, cheese, ciabatta toast

FULL BREAKFAST GRILL 24

Eggs any way, with ciabatta toast, free range streaky bacon, portobello mushroom, free range sausage, grilled tomatoes and house potato rosti

EGGS BENEDICT 20 gf

Baby spinach, potato rosti, free range bacon, hollandaise
Replace bacon w smoked salmon 22 vegetarian option 19

SMOKED SALMON OMELETTE 21

WAFFLES

Seasonal fruit, yogurt, NZ organic apple syrup 16
Free range bacon and caramelised banana, apple syrup 21
Buckwheat waffle option add 2 gf

POTATO HASH AND MUSHROOM STACK 19 gf v

Poached eggs, baby spinach, basil pesto Add bacon 21

SEAFOOD CHOWDER 17

Fish, prawns, squid, mussels in creamy sauce with garlic bread

AVOCADO SMASH 21 v

Avocado, tomato, feta, toast, olive oil, microgreens, pesto

FISH BURGER 24 df

Orange Roughy fillet, coleslaw, wasabi mayo, lemon pickle, tomato, fries

BLACK BEAN FALAFEL BURGER 23 v df

Black bean falafel, capsicum relish, cashew mayo, salad greens, fries

SLOW COOKED LAMB SALAD 24 gf

Lamb shoulder, feta, cherry tomatoes, summer greens, cashew tamari mayo

PORK SALAD 24 gf df

Pork belly, fresh pineapple mint, sweet chilli lime coriander vinaigrette

GREEN LENTIL SALAD 22 gf df v

Green lentils, beetroot hummus, smoked tofu, eggplant mousse, rocket