

SIMPLE

TOAST 8

Ciabatta or whole grain w/ butter & jam

PORRIDGE 10.5

Oat porridge, milk or cream, stewed fruit

EGGS ON TOAST 13

CHEESE ROLL 5

BACON BUTTY 9

Roll w bacon, BBQ sauce

BACON & EGG BUTTY 11

Roll w bacon, egg, BBQ sauce

BLAT 12.5

Roll, free range bacon, lettuce, avocado, tomato, aioli

TOASTIE SANDWICH 10

Ham, cheese, tomato, spinach

KIDS

WAFFLE 8

Waffle, ice cream and maple syrup

EGG ON TOAST 8

CHICKEN & CHIPS 12.5

Crispy chicken pieces w fries

FISH & CHIPS 12.5

SIDES (with meals)

GARLIC BREAD 9

AGRIA FRIES w aioli 8

GREEN SALAD 8

EXTRAS Free range bacon, Havoc free range sausage, potato rosti, mushroom, house beans 4

House smoked salmon 7.5 Egg 2.5

Gluten Free Bread option 1

Avocado (in season) 5.5

* All our eggs are free range

* Certified NZ organic apple syrup

* We use only 100% New Zealand Extra Virgin Olive Oil

* Our chicken, bacon and sausages were free range

* Contamination can occur in the field, the factory or our kitchen

gf - gluten free df - dairyfree

v - vegetarian

DAY MENU - Served until 4pm

TOASTED MUESLI 14

Whole grains, seeds, nuts, dried fruit & goji berries served with stewed fruit, milk, yoghurt

BLACK RICE PUDDING w FRUIT 17.5 gf df

Black rice with grilled banana, orange segments, ginger, lemon grass + coconut yoghurt

FULL BREAKFAST GRILL 24

Eggs any way, with ciabatta toast, free range streaky bacon, portobello mushroom, free range sausage, baked beans and house potato rosti

EGGS BENEDICT 20 gf

Baby spinach, potato rosti, free range bacon, hollandaise

Replace bacon w smoked salmon 22 vegetarian option 19

OMELETTE 22 gf

With chorizo, brie, cherry tomatoes

WAFFLES

Stewed fruit, yogurt, NZ organic apple syrup (maple option) 16

Free range bacon and caramelised banana, apple syrup (maple option) 21

POTATO HASH AND MUSHROOM STACK 19.5 gf v

Poached eggs, baby spinach, basil pesto Add bacon 23

SEAFOOD CHOWDER 17.5

Fish, prawns, squid, mussels in creamy sauce with garlic bread

SOUP OF THE DAY

See our specials board

AVOCADO SMASH 21 v

Avocado, tomato, feta, toast, olive oil, microgreens, pesto

FISH TACOS 20 df

Mini tacos with nut & herb crusted market fish, cucumber salsa, wasabi mayo

CRISPY CHICKEN BURGER 24 df

Free Range Chicken, soy coleslaw, gochujang aioli, tomato, fries

VIETNAMESE PORK BELLY CREPE 24 df gf

Buckwheat crepe, caramelised pork belly, asian slaw, cucumber, peanuts

PULLED LAMB BURGER 24 df

Slow cooked Cardrona merino lamb shoulder, mint yoghurt, beetroot hummus, lettuce, fries

SALMON POKE BOWL 24 df gf

Marinated salmon, miso sauce, brown rice, quinoa, seaweed salad, avo, pickled ginger

LENTIL FILO ROLL 25 vegan

Curried lentil and vegetables, in filo pastry, coconut curry glaze, coconut yogurt