

## SIMPLE

### TOAST 8

Ciabatta or whole grain w/ butter & jam

### EGGS ON TOAST 13

### CHEESE ROLL 5.5

### BACON BUTTY 10.5

Roll w bacon & BBQ sauce

### BACON & EGG BUTTY 12.5

Roll w bacon, egg & BBQ sauce

### BLAT 13.5

Roll, free range bacon, lettuce, avocado, tomato & aioli

### TOASTIE SANDWICH 10

Ham, cheese, tomato & spinach

## KIDS

### WAFFLE 8.5

Waffle, ice cream & maple syrup

### EGG ON TOAST 8.5

### CRISPY CHICKEN 13

With fries or veg

### FRIED FISH 13

With fries or veg

### VEG STICKS & HUMMUS 10

## SIDES

### GARLIC BREAD 9

AGRIA FRIES w aioli 8

### GREEN SALAD 8

EXTRAS (served with meals) Free range bacon, free range sausage, potato rosti, mushroom, tomatoes 5

Pesto, Hollandaise 3 Egg 2.5

House smoked salmon 7.5

Gluten Free Bread option 1

\* All our eggs are free range

\* Certified NZ organic apple syrup

\* We use only 100% New Zealand Extra Virgin Olive Oil

\* Our chicken, bacon and sausages were free range

\* Contamination can occur in the field, the factory or our kitchen

gf - gluten free df - dairyfree

v - vegetarian

## DAY MENU - Served until 3pm

### TOASTED MUESLI 14.5

Whole grains, seeds, nuts, dried fruits & goji berries served w/ stewed fruit, milk & yoghurt

### CHIA PUDDING 15 gf df

Chia cacao pudding with seasonal fruit

### FULL BREAKFAST GRILL 25.5

Eggs any style w/ ciabatta toast, free range bacon, portobello mushroom, free range sausage, tomatoes & house potato rosti

### EGGS BENEDICT 20.5 gf

Baby spinach, potato rosti, free range bacon & hollandaise sauce

Replace bacon w/ smoked salmon 23.5 / vegetarian option 20

### CORN FRITTERS 22 gf v

With gochujang aioli, poached egg, greens, coriander

### WAFFLES

Stewed fruit, yogurt w/ NZ organic apple syrup or maple option 18

Free range bacon & caramelised banana w/ NZ organic apple syrup or maple option 22.5

### POTATO HASH AND MUSHROOM STACK 20 gf v

Poached eggs, baby spinach & basil pesto Add bacon 24

### SEAFOOD CHOWDER 18.5

Fish, prawns, squid, mussels in creamy sauce served w/ garlic bread

### PASTA 25

With creamy mushroom sauce

### AVOCADO SMASH 22 v

Avocado, cherry tomato, feta, ciabatta toast, olive oil, microgreens & pesto

### SALMON POKE BOWL 24.5 df gf

Marinated salmon served on quinoa with brown rice, pickled ginger, seaweed, avocado and edamame beans

### FISH & CHIPS 26

Market fish fillet w/ parmesan & herb crumb, fries, salad garnish & tartare sauce

### CRISPY CHICKEN BURGER 25

Free Range Chicken, soy coleslaw, gochujang aioli & tomato, served w/ fries

### VIETNAMESE PORK BELLY SALAD 24.5 df gf

w/ caramelised pork belly, asian slaw, cucumber & peanuts

### SALMON SALAD 25.5 df gf

House smoked salmon, fennel, capers, avocado, orange, salad greens, citrus vinaigrette

### JACK FRUIT PARCEL 26 vegan

Jack fruit filo parcels, cauliflower tabbouleh, balsamic glaze, cherry tomato, with cashew mayo